



Chiropractic Patient History Questionnaire

Date: _____

Name: _____ Date of birth: _____

Address: _____ City: _____ St: _____ Zip: _____

Phone: (home) _____ (cell) _____ (work) _____

May we leave phone messages for you at the above phone numbers? Yes No

May we send appointment reminders to you via text messages on your cell phone for? Yes No

Email: _____

May we contact you via mail or email with newsletters/special offers? Yes No

May we contact you via email regarding your care? Yes No

How did you hear about our practice: _____

Gender: M F Relationship: Single Married/Partnership Divorced Widowed Separated

Spouse/Partner Name: _____

Emergency Contact: _____ Phone: _____

Name of Primary Care Physician (PCP): _____ Phone: : _____

PCP's Address: _____ City: _____ St: _____ Zip: _____

Insurance Company Name: _____ ID #: _____

Who is the insurance under: _____ His/Her Date of Birth: ____/____/____

Your Occupation: _____ Your Employer: _____

I choose to decline receipt of my clinical summary after every visit. These summaries are often blank as a result of the nature and frequency of chiropractic care. Yes No

Patient Signature: _____ Date: _____

What complaint brings you in today? _____

Have you seen any other providers for today's complaint(s)? **Yes No** If yes, Provider's name and specialty:

What types of treatment(s) have you received, if any, for your presenting complaint(s)? **None**

Have you had any tests (X-rays, MRI, CT, Lab work) for this or other current complaint(s)? **Yes No** If yes, describe:

Please complete the following for your complaint.

Please rate your symptoms on a scale of 0-10 (10 being the most severe symptoms you've ever experienced):

(circle) **No Symptoms 1 2 3 4 5 6 7 8 9 10 Worst Symptoms**

How often do you have the symptoms?: (circle)

Occasionally (0-25% of the time) Intermittently (26-50%) Frequently (51-75%) Constantly (75-100%)

Please describe the symptoms you are feeling?: (circle)

Sharp/Stabbing Ache Dull Burning Throbbing Numbness Tingling Cramping

How did the symptoms start?: _____

When did the symptoms start?: _____

What makes the symptoms worse?: _____

What makes the symptoms better?: _____

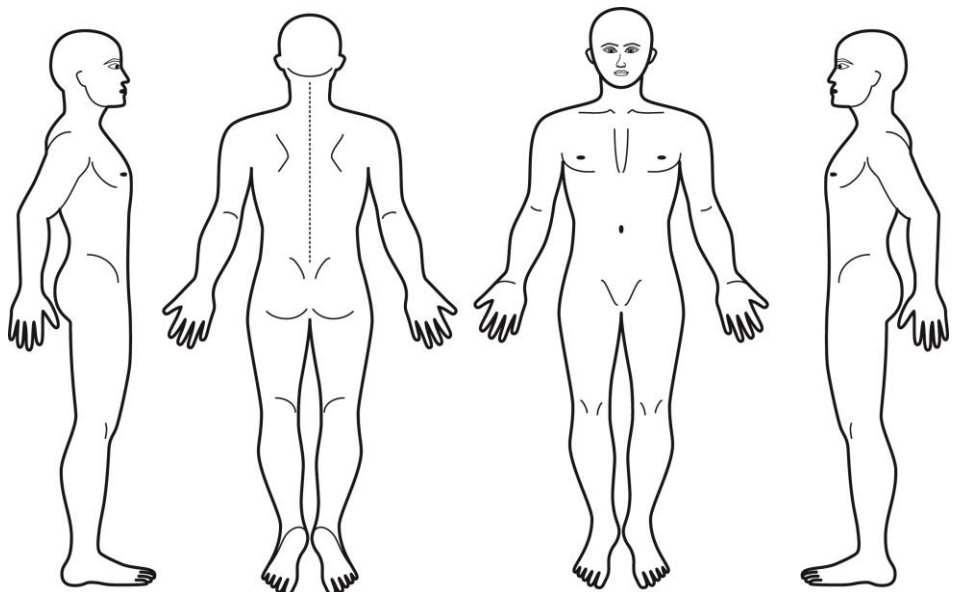
Do the symptoms travel? _____ If so, where?: _____

Are the symptoms worse in the: **Morning Mid-Day Afternoon Evening Night While Sleeping**

Have you had these symptoms before? **Yes No** If Yes: Please describe when: _____

Please mark your symptoms on the Drawing to the right using the following Letters to describe your symptoms

- A Dull Ache/Throb
- S Sharp/Stabbing
- B Burning
- N Numbness
- C Cramping
- T Tightness



Overall Health

Height (in feet or inches): _____ Weight (in lbs): _____

Smoking Status: Smoke Everyday Smoke Some Days Former Smoker Never Smoked

Do you use any other tobacco products? **Yes No** If yes, what type? : _____

How much? _____ How long? _____ Have you ever tried quitting? **Yes No**

If you quit, when? _____ Why?: _____

Current Medications: _____

Current Supplements/Vitamins: _____

Allergies: Please list all allergies (Seasonal, Food, Medications):

Please list other medical/health problems you may be seeing other providers for: (Please list issue and provider.)

Have you ever had X-rays, MRI or CT or any other tests (e.g., EKG, blood work) for the other medical problems you are being treated for? **Yes No** If yes, list below:

Study/Test: _____ Date: _____ Treatment received: _____

Study/Test: _____ Date: _____ Treatment received: _____

Have you ever been hospitalized or had surgery? **Yes No** If yes, please describe:

Female Only

Are you pregnant?/Is there a chance that you are pregnant? **Yes No** Are you currently breast feeding? **Yes No**

Date of last period: _____ Do you have any of the following?

Number of Days in cycle: _____

Number of Pregnancies: _____

Number of Deliveries: _____

Were the Deliveries: C-Section or Vaginal

Yes Condition

- Painful period
- Excessive cramping
- PMS symptoms
- Missed periods
- Irregular cycle
- Low back pain with period
- Complicated deliveries
- Uterine Cysts, fibroids
- Lumps in Breasts

Please complete the follow list by marking if you have the listed condition/complaint in the past and/or currently

Past	Present	Condition
<input type="radio"/>	<input type="radio"/>	Neck pain
<input type="radio"/>	<input type="radio"/>	Upper back pain
<input type="radio"/>	<input type="radio"/>	Mid back pain
<input type="radio"/>	<input type="radio"/>	Low back pain
<input type="radio"/>	<input type="radio"/>	Shoulder pain
<input type="radio"/>	<input type="radio"/>	Elbow/upper arm pain
<input type="radio"/>	<input type="radio"/>	Wrist/Hand pain
<input type="radio"/>	<input type="radio"/>	Hip/upper leg pain
<input type="radio"/>	<input type="radio"/>	Knee pain
<input type="radio"/>	<input type="radio"/>	Ankle/Foot Pain
<input type="radio"/>	<input type="radio"/>	Jaw pain
<input type="radio"/>	<input type="radio"/>	Joint swelling/stiffness
<input type="radio"/>	<input type="radio"/>	Thoracic Outlet Syndrome
<input type="radio"/>	<input type="radio"/>	Abnormal Weight gain/loss
<input type="radio"/>	<input type="radio"/>	Abdominal Pain
<input type="radio"/>	<input type="radio"/>	Migraine Headache
<input type="radio"/>	<input type="radio"/>	Tension Headache
<input type="radio"/>	<input type="radio"/>	Cluster Headache

Past	Present	Condition
<input type="radio"/>	<input type="radio"/>	Asthma
<input type="radio"/>	<input type="radio"/>	Angina/Chest Pain
<input type="radio"/>	<input type="radio"/>	Bladder Infection
<input type="radio"/>	<input type="radio"/>	Chronic Sinusitis
<input type="radio"/>	<input type="radio"/>	Depression/Anxiety
<input type="radio"/>	<input type="radio"/>	Dermatitis/Eczema
<input type="radio"/>	<input type="radio"/>	Dizziness/Vertigo
<input type="radio"/>	<input type="radio"/>	Excessive thirst
<input type="radio"/>	<input type="radio"/>	Frequent Urination
<input type="radio"/>	<input type="radio"/>	General Fatigue
<input type="radio"/>	<input type="radio"/>	High blood pressure
<input type="radio"/>	<input type="radio"/>	Hormone Therapy
<input type="radio"/>	<input type="radio"/>	Liver/Gall Bladder
<input type="radio"/>	<input type="radio"/>	Low blood sugar
<input type="radio"/>	<input type="radio"/>	Loss of Bladder Control
<input type="radio"/>	<input type="radio"/>	Painful Urination
<input type="radio"/>	<input type="radio"/>	Prostate Problems
<input type="radio"/>	<input type="radio"/>	Erectile Dysfunction

Past	Present	Condition
<input type="radio"/>	<input type="radio"/>	Stroke
<input type="radio"/>	<input type="radio"/>	Ulcer
<input type="radio"/>	<input type="radio"/>	Anemia
<input type="radio"/>	<input type="radio"/>	Arthritis
<input type="radio"/>	<input type="radio"/>	Diabetes
<input type="radio"/>	<input type="radio"/>	Epilepsy
<input type="radio"/>	<input type="radio"/>	Heart attack
<input type="radio"/>	<input type="radio"/>	Hepatitis
<input type="radio"/>	<input type="radio"/>	HIV/AIDS
<input type="radio"/>	<input type="radio"/>	Kidney Stones
<input type="radio"/>	<input type="radio"/>	Multiple Sclerosis
<input type="radio"/>	<input type="radio"/>	Parkinson's
<input type="radio"/>	<input type="radio"/>	Polio
<input type="radio"/>	<input type="radio"/>	Rheumatic fever
<input type="radio"/>	<input type="radio"/>	Lupus
<input type="radio"/>	<input type="radio"/>	Tuberculosis
<input type="radio"/>	<input type="radio"/>	Cancer
<input type="radio"/>	<input type="radio"/>	Tumor

Do you have any symptoms or complaints related to the following systems not listed above:

Cardiovascular: _____

Respiratory: _____

Eyes/Ears/Nose/Throat: _____

Gastrointestinal: _____

Genitourinary: _____

Family History

Do you have any children? **Yes No** If yes, please list their gender(s) and age(s): _____

Do your children have any major medical problems (past or present)? **Yes No** If yes, please describe:

Do you have any siblings? **Yes No** Do/did they have any major medical problems? **Yes No**

If yes, please describe: _____

Are your parents still living? **Yes No** Do/did they have any major medical problems? **Yes No**

If yes, please describe: _____

Are your grandparents still living? **Yes No** Do/did they have any major medical problems? **Yes No**

If yes, please describe: _____

General Health Questions

Drink Alcoholic Beverages? **Yes No** If yes, how much do you drink per week?: _____

Have a history significant for recreational drug use? **Yes No** If yes, describe: _____

My diet is: **balanced not balanced.** My recreation is: **sufficient insufficient.**

My rest is: **sufficient insufficient.** My family stress is: **severe moderate minimal none.**

How do you like your work? **above average average below average N/A.**

My job stress is: **severe moderate minimal none N/A.**

What CHCAA services/products interest you in meeting your health goals?

- ___ Chiropractic ___ Soft Tissue Techniques ___ Graston Technique ___ Ergonomics
- ___ Exercises ___ Supplements/Vitamins ___ Nutritional Counseling ___ Acupuncture
- ___ Homeopathy ___ PowerLift Training ___ Other (please describe below):

I have read and completed all answers to the above questions to the best of my knowledge. I understand that failure to properly disclose all appropriate health history may hinder my health care provider’s ability to properly diagnose and treat my complaints. I will, on all future visits, inform my health care provider of changes in my health status.

Your signature _____ Date _____

Provider’s signature _____ Date _____

Thank you for completing this form. The information you have provided will help us in attending to your healthcare needs.